

ANNUAL REPORT



Your impact on the lives of the
LGBTQ+ youth and families of Encircle

A Personal Note From Our CEO, Alex Cutini

01

Not long ago, a mom walked into an Encircle home carrying a kind of fear you can feel before she even speaks. Her child, once bright and full of possibility, had been slowly fading in front of her. The light in his eyes had dimmed and the laughter had disappeared. Her child was slipping away. When that young boy first came to Encircle, he was quiet, overwhelmed, and unsure if staying in this world was even worth the effort. Small things felt heavy and the future unreachable.

Then, inside that home, something difficult to describe and impossible to forget happened. It happens slowly at first. A hand offered. A smile returned. A moment of being truly seen. Over time, that boy began to smile with his eyes again. He found joy in the very idea of a next day. Weeks later, his mom pulled me aside with tears in her eyes and said: **Encircle gave me my child back.**

This year alone, that has happened over 1000 times, and it happens because of people like you. Your belief in Encircle, your generosity, and your willingness to stand with families in their most vulnerable moments make this work possible. You help create homes where young people can breathe, where they can rediscover hope, and where they can choose to stay in this world.

Your support creates a ripple effect that will outlive all of us. Long after today, young people will be walking through doors you helped open, finding safety and belonging at moments when they need it most. Families will remain intact. Futures will be rewritten. Lives will be saved because you chose to care.

I want you to know how deeply grateful we are for your partnership. Your trust means the world to us, and we will honor it with transparency, dedication, and a relentless commitment to this mission. Every day, because of you, a young person walks into an Encircle home and hears the words that can change a life: **You are safe, you are loved, you are not alone.**



Alex Cutini

Chief Executive Officer

Why does this matter right now?

02

50%

of LGBTQ+ young people who wanted mental health care in the past year were not able to get it.*

2nd

Suicide was the second-leading cause of death for Utahns ages 10 to 17, 18 to 24, and 25 to 44.**

12%

More than 1 in 10 (12%) LGBTQ+ young people attempted suicide in the past year.*

39%

of LGBTQ+ young people seriously considered attempting suicide in the past year.*



This is urgent and we have the solution.

LGBTQ+ young people who reported living in **very accepting communities** attempted suicide at **less than half** the rate of those who reported living in very unaccepting communities.*

*U.S. National Survey on the Mental Health of LGBTQ+ Young People, Trevor Project (2024)

** Utah Public Health Indicator Based Information System (IBIS) (2023)

Community, Friendship, and Family



Pumpkin painting in Ogden at the Halloween Carnival



Youth performance in Provo at a Rainbow Brunch



Volunteers serving pizza in St. George at Encircle's 8th birthday party



Young adult friendship circle in Provo

No Sides, Only Love



No Sides, Only Love reflects our intentional, evidence-based approach to fostering safety and belonging. It does not suggest that individuals should be neutral in their personal political, religious, or cultural beliefs. Rather, it recognizes that in our work—supporting LGBTQ+ individuals and their families in the early, often fragile stages of coming out—alignment with a “side” can be perceived as judgment, creating barriers to engagement. Such barriers can prevent LGBTQ+ individuals and their families from accessing the mental health resources, community connection, and coping skills that are essential to their well-being.

At Encircle, we strive to create environments where LGBTQ+ individuals and their families can feel welcome, in the midst of differing backgrounds or beliefs, by focusing on shared human experiences and the universal need for connection. This approach aligns with best practices in suicide prevention and trauma-informed care, centering on empathy, trust-building, connection, and empowerment. We equip these individuals and their families with the skills to strengthen themselves, discover their passions, and chart their own course, empowering them to own their story and shape their future with self-compassion and self-determination.

Programs Impact

05

Each Encircle Home represents a lasting legacy of transformational impact for LGBTQ+ youth and families. We carefully track guest attendance to ensure we can effectively manage program demand and meet the needs of each community.

	2025
Total Attendance	26,430
Total Unique Guests	3,192

**Encircle began tracking attendance and unique guest data in 2024 to better measure impact across all homes.*

Stephenie & Mitch Larsen Encircle Home	Total Attendance	8,433
<i>Provo, UT</i>	Total Unique Guests	1,201

John Williams Encircle Home	Total Attendance	8,009
<i>Salt Lake City, UT</i>	Total Unique Guests	1,102

Kim & Terry Turner Encircle Home	Total Attendance	6,900
<i>St. George, UT</i>	Total Unique Guests	649

Collin Russell Encircle Home	Total Attendance	2,187
<i>Heber City, UT</i>	Total Unique Guests	258

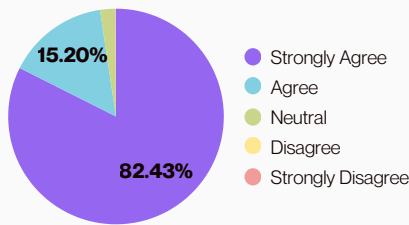
Young Caring for Our Young Encircle Home	Total Attendance	901
<i>Ogden, UT - Opened Sept. 2025</i>	Total Unique Guests	552

Youth and Young Adult Programs

Encircle’s youth and young adult programs provide safe, affirming spaces where LGBTQ+ youth build community and confidence. We measure outcomes like social support, identity affirmation, safety, and connection because these proven protective factors reduce suicide risk and improve well-being.

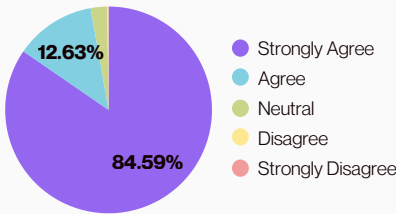
Social Support

Encircle provides a place for me to connect to others with similar experiences.



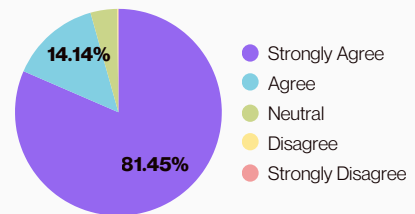
Validation

Encircle helps me feel positively about my LGBTQ+ identity.



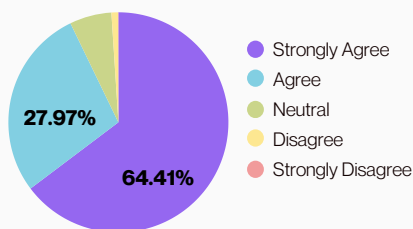
Bridge Builder

Encircle connected me with meaningful resources about LGBTQ+ identity



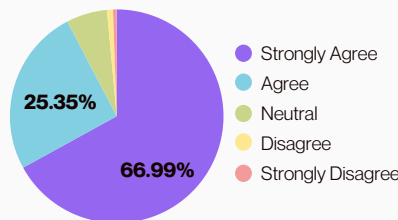
Connection

At Encircle, I feel connected to others in my Friendship Circle.



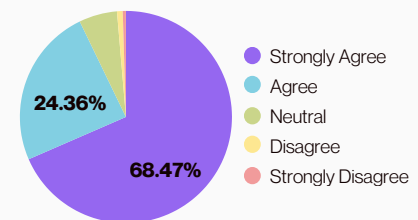
Safety

At Encircle, I feel safe sharing my feelings in my Friendship Circle.



Authenticity

At Encircle, I can be myself during a Friendship Circle.

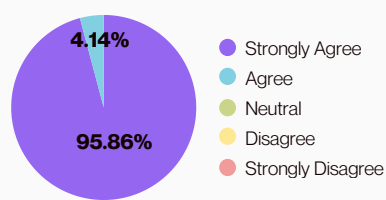


Parent Programs

Encircle's parent programs equip families with education, support, and community to better understand and affirm their LGBTQ+ children. We measure key outcomes such as increased social support, identity validation, and bridge-building because these factors are proven to strengthen family relationships and improve mental health outcomes for LGBTQ+ youth.

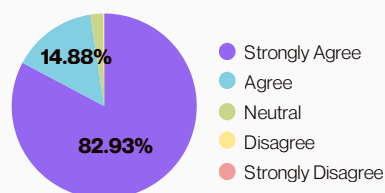
Social Support

Encircle encourages me to care about others and their LGBTQ+ experience.



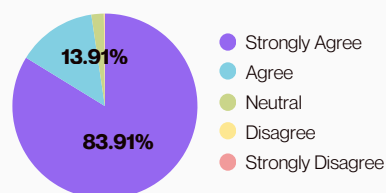
Validation

When at Encircle, I know that others will affirm my experience and my child(ren)'s identity.



Bridge Builder

Encircle provides me with the tools to better support and affirm LGBTQ+ youth and young adults.



1,007

Parent Support Group Guests
in 2025

972

Parent Speaker Night Guests
in 2025

Stephenie & Mitch Larsen Home Impact

08

Encircle Provo

Encircle Provo continues to lead in impact across all Encircle homes. This year, the home was renamed by Bruce Bastian and Clint Ford in honor of Mitch Larsen, and now stands as the Stephenie & Mitch Larsen Home.



36

Guests Per Day
on Average in 2025

50

Weekly Volunteers
in 2025

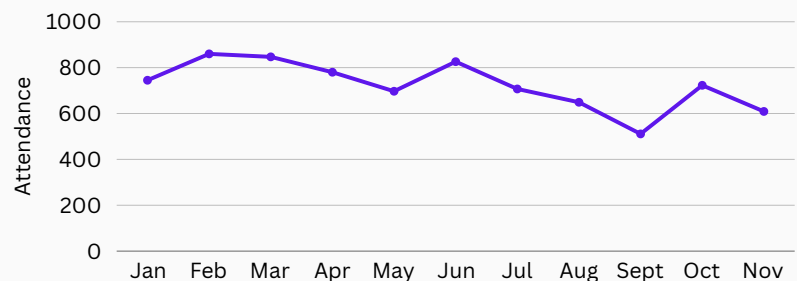
Recently, the parents of a 13-year-old trans boy moved houses, citing being closer to Encircle one of the main reasons for their location choice. Their son said, “I met my best friend at Encircle. It gives me a place to be myself without feeling judged.”



Macey Gwynn

Provo Program Director

Guest Attendance Each Month



John Williams Home Impact

Encircle Salt Lake City

Over the past several years, Encircle Salt Lake City has seen a steady 4% annual increase in attendance. As Salt Lake County continues to grow rapidly, the need for our services only becomes more urgent.

33

Guests Per Day
on Average in 2025

38

Weekly Volunteers
in 2025

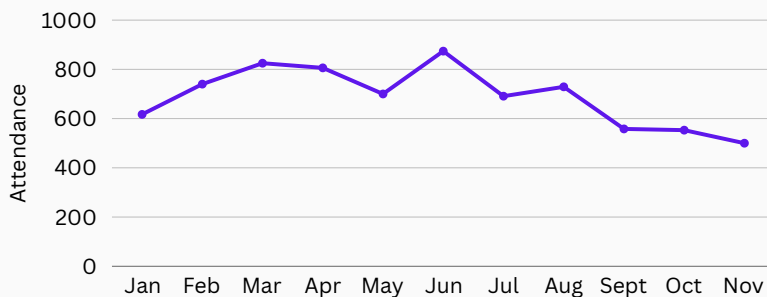


Recently, we had a young trans woman visit after not seeing her for almost a year due to some unfortunate circumstances. She said she just needed to come back because she could trust that Encircle will welcome her with warmth, a hug, a smile, and care.



Fane Harris
SLC Program Director

Guest Attendance Each Month



Kim & Terry Turner Home Impact

10

Encircle St. George

Encircle St. George has seen steadily increasing demand as more youth and families seek safe, affirming support. At the same time, the community has faced a rise in hostility toward LGBTQ+ individuals, making our presence, and our services, more essential than ever.

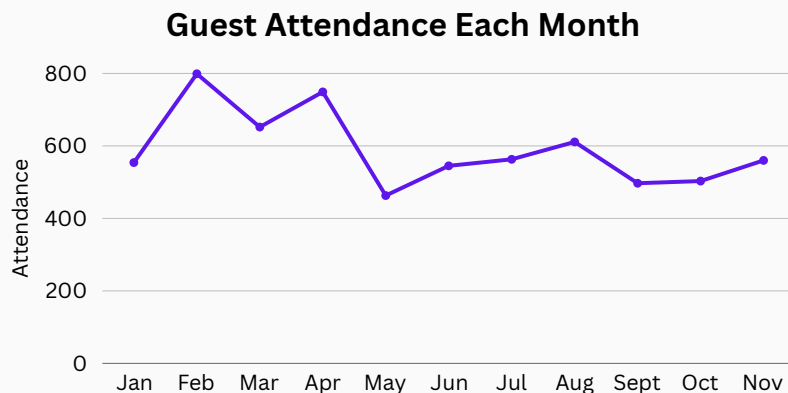
28

Guests Per Day
on Average in 2025

25

Weekly Volunteers
in 2025

I remember counting down to my 12th birthday because it meant I could finally go to my first youth group. I was so nervous that first day—I barely spoke, kept my hands in my sleeves, and sat on the edge of the couch like it could protect me. But week after week, I got less scared. I started talking, learning names, and people learned mine. Eventually, I realized that for the first time, I was actually making friends. Iris (Age 14)



Collin Russell Home Impact

Encircle Heber

Encircle Heber opened in 2023 and has seen strong engagement at major community events. While daily attendance at the home has been lower than anticipated, we believe this is largely due to limited public transportation and the town’s commuter-based population.

9

Guests Per Day
on Average in 2025

15

Weekly Volunteers
in 2025

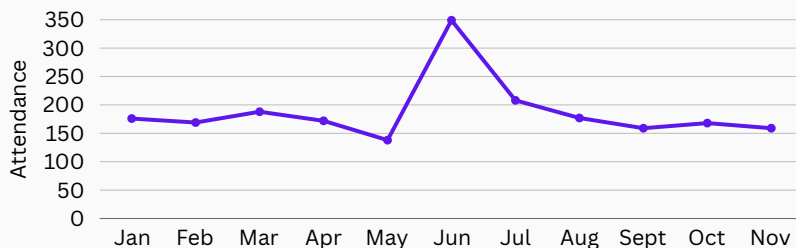
When one of our youth took the stage in his school’s performance this year, Encircle youth, volunteers, and staff packed the audience to cheer him on. Afterwards he told us, “I finally feel seen.” Moments like this show the power of Encircle—a safe, affirming space where young people are celebrated and feel truly seen, sometimes for the very first time.



Ana Chavarri
Chief Program Officer



Guest Attendance Each Month



Young Caring For Our Young Home Impact 12

Encircle Ogden

After only three months, Encircle Ogden is already becoming a beacon of hope for many. The team is actively partnering with local schools, community organizations, and families, spreading the word about the life-changing support Encircle provides.



14

Guests Per Day
on Average

20

Weekly Volunteers

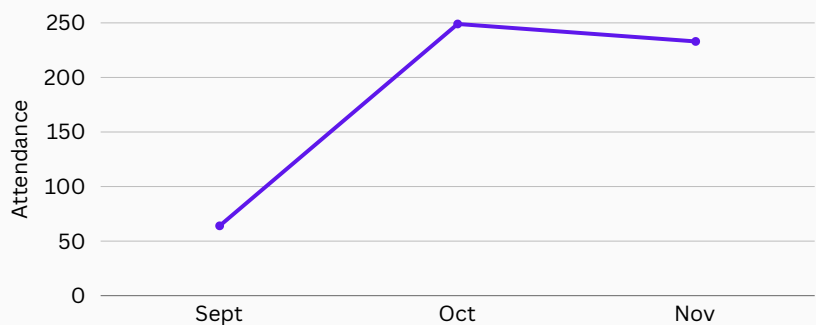
We recently heard from a new volunteer about the transformation she has seen in her 18-year-old trans daughter since she started attending Encircle. Her daughter said, "The more I come to Encircle, the more I feel like myself." Her mother is deeply grateful for the safe space that is helping her daughter build confidence.



Elise Villaroman

Ogden Program Director

Guest Attendance Each Month



Encircle Therapy Overview

We've made several important updates to Encircle Therapy this year to ensure the long-term sustainability of our services. One key change is transitioning our therapists to a pay-per-session model, which helps ensure clinical caseloads are consistently met.



Sandra Priedeman,
MSW, LCSW
Clinical Director.



Malia Burgess
MSW, MFA, LCSW
Clinical Operations Director

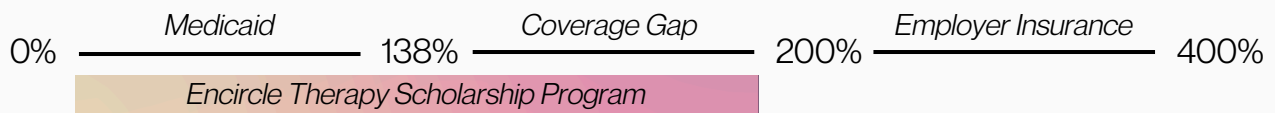


Kristina Kaleel,
MBA, MSW, CSW
Therapist



Konner Simmons,
MSW, CSW
Therapist

Access to Mental Healthcare by Income Based on Federal Poverty Level



Therapy Scholarships

Encircle Therapy provides a scholarship for families at or below 200% of the federal poverty level, giving them access to care they may otherwise be unable to afford. Each scholarship includes 26 free therapy sessions, offering six months of consistent, affirming mental-health support.

Insurance Credentialing

Encircle Therapy accepts a broad list of insurances, Aetna, BCBS, Cigna, Medicaid plans, PEHP, SelectHealth, U of U Health Plans, UnitedHealthcare, and more, to make treatment affordable for as many families as possible. We also have a cash pay rate of \$125 per session.

Therapy Impact

14

3,480

Therapy sessions in 2025

335

Sessions given at no cost to clients in 2025

403

Unique clients served in 2025

56%

of sessions held virtually in 2025

Encircle Therapy has helped me work through and manage my depression and anxiety and accept it as a part of me. It has been instrumental in not only coming to terms with my queer identity but fully embracing it. I feel more trust in myself and excitement about the future now than I thought was possible.

Encircle Therapy Client

We use evidence-based assessments—including the Columbia Suicide Severity Rating Scale, the GAD-7, the PHQ-9, and the Self-Compassion Scale—to monitor anxiety, depression, suicide risk, and self-compassion. These measures help us track progress over time, strengthen clinical decision-making, and ensure each client receives the highest quality of care. Our data shows that clients report decreased suicide risk, lower anxiety and depression symptoms, and increased self-compassion.



46%

On average, Encircle clients show a 46% increase in self-compassion across 24 weeks of therapy.

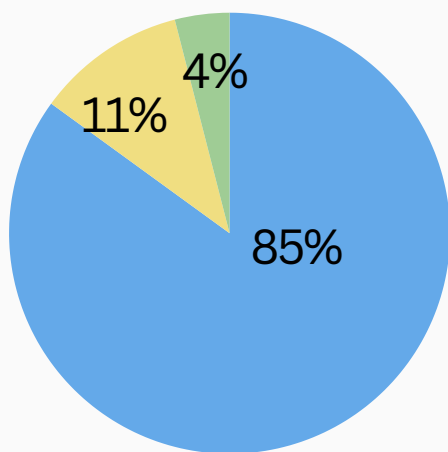
4.8/5

On average, Encircle client satisfaction is 4.8, reflecting high-quality care and positive therapeutic relationships.

Financials

Encircle is committed to transparency and fiscal responsibility—with increased financial oversight and reduced expenses, we continue to ensure that more resources go directly toward creating life-affirming programs and services.

Revenue	\$2,728,105
Expenses	\$4,722,116
Change in Net Assets	\$1,954,011
Total Assets	\$7,352,755
Total Liability	\$160,042
Total Net Assets	\$7,192,713



Your support is used with intention. In 2025, 85% of Encircle’s expenses went directly to program services that support LGBTQ+ youth, young adults, and families through affirming spaces, therapy, and community resources. 11% supported the management and infrastructure needed to run these services responsibly, and 4% supported fundraising efforts that help sustain and expand Encircle’s impact.

Future Outlook

The opening of our Ogden home marks a real turning point for Encircle. The growth we have seen in such a short time shows how deeply communities need mental-health care they can actually access, programs that build real coping skills and confidence, and spaces where LGBTQ+ youth and their families feel safe, understood, and affirmed. In the coming year, we will focus on strengthening operations across all homes and putting consistent practices in place so every family experiences the same high level of care, no matter where they walk through our doors. To meet rising demand, we will expand our clinical team from 4 full-time therapists and 3 interns to 8 full-time therapists and 4 interns, increasing our capacity by roughly 100 additional therapy sessions each week (a 100% percent increase from where we are today). With this foundation, Encircle is prepared for steady, thoughtful growth, expanding the life-saving mental-health support that keeps youth safe, helping more families stabilize and heal, and ensuring more communities have access to the critical care and connection behind “No Sides, Only Love.”

Projected Impact in 2026

7,000+

2026 Total Therapy Sessions

32,000+

2026 Total Attendance from Guests

128

2026 Guests Per Day on Average Across All Homes

Projected Expenses in 2026

\$3,784,000

2026 Total Expenses for Encircle Therapy and Encircle Resource Center Combined

\$ 316,000

2026 Average Monthly Expense for Encircle Therapy and Encircle Resource Center Combined